WHAT IS DARK ENERGY AND DARK MATTER

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Abstract:
One of the most challenging problem in Physics. Recent research work suggest that the whole universe is expanding in an accelerated frame. What causes this acceleration? Dark energy explains the cause behind that.

Introduction:
In the early 1990s, one thing was fairly certain about the expansion of the Universe. It might have enough energy density to stop its expansion and re collapse, it might have so little energy density that it would never stop expanding, but gravity was certain to slow the expansion as time went on. Granted, the slowing had not been observed, but, theoretically, the Universe had to slow. The Universe is full of matter and the attractive force of gravity pulls all matter together. Then came 1998 and the Hubble Space Telescope (HST) observations of very distant supernovae that showed that, a long time ago, the Universe was actually expanding more slowly than it is today. So the expansion of the Universe has not been slowing due to gravity, as everyone thought, it has been accelerating. No one expected this, no one knew how to explain it. But something was causing it.

Eventually theorists came up with three sorts of explanations. Maybe it was a result of a long-discarded version of Einstein's theory of gravity, one that contained what was called a "cosmological constant." Maybe there was some strange kind of energy-fluid that filled space. Maybe there is something wrong with Einstein's theory of gravity and a new theory could include some kind of field that creates this cosmic acceleration. Theorists still don't know what the correct explanation is, but they have given the solution a name. It is called dark energy.
What Is Dark Energy?

This diagram reveals changes in the rate of expansion since the universe's birth 15 billion years ago. The more shallow the curve, the faster the rate of expansion. The curve changes noticeably about 7.5 billion years ago, when objects in the universe began flying apart as a faster rate. Astronomers theorize that the faster expansion rate is due to a mysterious, dark force that is pulling galaxies apart.

More is unknown than is known. We know how much dark energy there is because we know how it affects the Universe's expansion. Other than that, it is a complete mystery. But it is an important mystery. It turns out that roughly 68% of the Universe is dark energy. Dark matter makes up about 27%. The rest - everything on Earth, everything ever observed with all of our instruments, all normal matter - add up to less than 5% of the Universe. Come to think of it, maybe it shouldn't be called "normal" matter at all, since it is such a small fraction of the Universe.

Another explanation for dark energy is that it is a new kind of dynamical energy fluid or field, something that fills all of space but something whose effect on the expansion of the Universe is the opposite of that of matter and normal energy. Some theorists have named this "quintessence," if quintessence is the answer, we still don't know what it is like, what it interacts with, or why it exists. So the mystery continues.

A last possibility is that Einstein's theory of gravity is not correct. That would not only affect the expansion of the Universe, but it would also affect the way that normal matter in galaxies and clusters of galaxies behaved. This fact would provide a way to decide if the solution to the dark energy problem is a new gravity theory or not: we could observe how galaxies come together in clusters. But if it does turn out that a new theory of gravity is needed, what kind of theory would it be? How could it correctly describe the motion of the bodies in the Solar System, as Einstein's theory is known to do, and still give us the different prediction for the Universe that we need? There are candidate theories, but none are compelling. So the mystery continues.
What Is Dark Matter?

We are much more certain what dark matter is not than we are what it is. First, it is dark, meaning that it is not in the form of stars and planets that we see. Observations show that there is far too little visible matter in the Universe to make up the 27% required by the observations. Second, it is not in the form of dark clouds of normal matter, matter made up of particles called baryons. We know this because we would be able to detect baryonic clouds by their absorption of radiation passing through them. Third, dark matter is not antimatter, because we do not see the unique gamma rays that are produced when antimatter annihilates with matter. Finally, we can rule out large galaxy-sized black holes on the basis of how many gravitational lenses we see. High concentrations of matter bend light passing near them from objects further away, but we do not see enough lensing events to suggest that such objects to make up the required 25% dark matter contribution.

- The properties of the standard cosmological model are expressed in terms of various cosmological parameters, for example:
  - \( H_0 \) is the Hubble expansion parameter today

In a nutshell, current theory cannot explain the acceleration. One speculative possibility is that the acceleration is a consequence of another new form of matter, nicknamed dark energy, which has hitherto gone undetected. It is called "dark" because it must necessarily be very weakly interacting with regular matter--much like dark matter--and it is referred to as energy because one of the few things we are certain of is that it contributes nearly 70 percent of the total energy of the universe. If we can figure out what it really is, it is certain we will find a more illuminating name.

With the establishment of the big bang cosmological model, it had widely been expected that since the birth of the universe some 13.7 billion years ago, the cosmic expansion had been slowing down. But two independent research teams found in 1998 that the expansion was speeding up. If you consider that this expansion is the single most remarkable property of the universe as a whole, then the discovery of the acceleration is truly a breakthrough.
The acceleration is determined by measuring the relative sizes of the universe at different times. Specifically, astronomers measure the red shifted spectra of, and luminosity distances to, stellar explosions called type 1a supernovae. The time required for light from a supernova to reach our telescopes is encoded in the distance (the relation is slightly more complicated than distance = rate x time, due to the cosmic expansion), while the change in the size of the universe from explosion to observation stretches the wavelength of the emitted light, as characterized by the redshift. A comparison of these sizes at a sequence of times reveals that the universe is growing at an ever faster rate. Since this discovery measurements have improved and other cosmological phenomena, also sensitive to the rate of expansion, have been used to confirm these results. (One note: the expansion rate and the acceleration are not measured in meters per second and m/s$^2$, respectively. Rather, they measure the rate of change in the dimensionless scale of the universe, and the second derivative thereof, so the units are 1/s and 1/s$^2$.)

Einstein's theory of general relativity predicts that the cosmic acceleration is determined by the average energy density and pressure of all forms of matter and energy in the universe. Yet no known forms of matter can account for acceleration. Thus, something other than dark matter, atoms, light, etc., must be responsible. One leading hypothesis is that the universe is filled by a uniform sea of quantum zero point energy, which exerts a negative pressure, like a tension, causing spacetime to gravitationally repel itself. This stuff, sometimes referred to as a cosmological constant, was first introduced by Einstein in another context (something he later referred to as his greatest blunder), but that's another story.

**How is dark energy affecting the universe today?**

It is responsible for the cosmic speeding, and international teams of astronomers are working to refine measurements of that acceleration. At stake is judgment on Einstein's greatest blunder (the cosmological constant), possible insight into the fundamental theory of nature (quantum gravity and the quantum state of the universe), and the fate of the universe (a Big Chill or a Big Rip?).

It is tempting to try to combine the explanations for dark matter and dark energy, but there are great differences between the two. Dark matter pulls and dark energy pushes. That is, dark matter is invoked to explain greater-than-expected gravitational attraction. In contrast, dark energy is invoked to explain weaker-than-expected, and in fact negative, gravitational attraction. Furthermore, the effects of dark matter are manifest on length scales roughly 10 mega parsecs and smaller, whereas dark energy appears only to be relevant on scales of roughly 1,000 mega parsecs or greater. Finally, it is important to question whether the dark matter and dark energy phenomena may have gravitational explanations. Perhaps the laws of gravitation differ from Einstein's theory. This is certainly a possibility, but so far general relativity has not failed a single test. And striking new views of clusters have revealed behavior that is inconsistent with a gravitational cure-meaning that dark matter really is there. We are left looking for new particles and fields to fill in the missing matter and energy.
Time dependence of dark energy

![Diagram showing the composition of dark energy and its time dependence](image-url)
Crossover Quintessence Evolution

Early dark energy

Effects of early dark energy
Conclusions:

Dark energy and dark matter describe proposed solutions to as yet unresolved gravitational phenomena. So far as we know, the two are distinct.

Dark matter originates from our efforts to explain the observed mismatch between the gravitational mass and the luminous mass of galaxies and clusters of galaxies. The gravitational mass of an object is determined by measuring the velocity and radius of the orbits of its satellites, just as we can measure the mass of the sun using the velocity and radial distance of its planets. The luminous mass is determined by adding up all the light and converting that number to a mass based on our understanding of how stars shine. This mass-to-light comparison indicates that the energy in luminous matter contributes less than 1 percent of the average energy density of the universe.

There is certainly more matter in our galaxy and other galaxies that we cannot see, but other evidence indicates that there is an upper limit to the total amount of normal matter present in the universe. By normal matter, I mean stuff made out of atoms. Ultimately, very strong arguments have been made that at most 5 percent of the mass-energy density of the universe, and 20 percent of the mass of clusters, is in the form of atoms.

References: